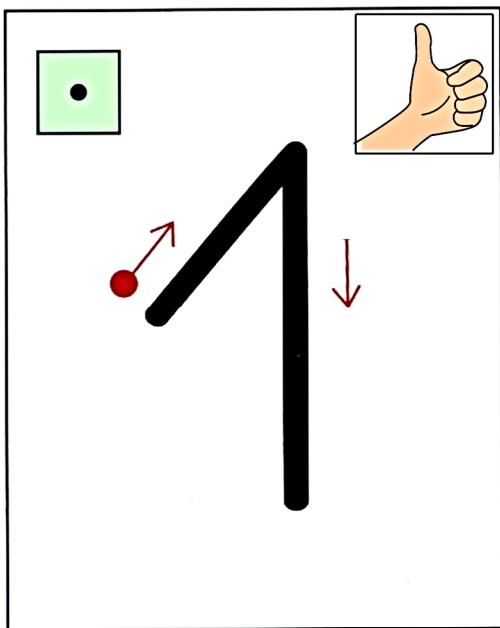
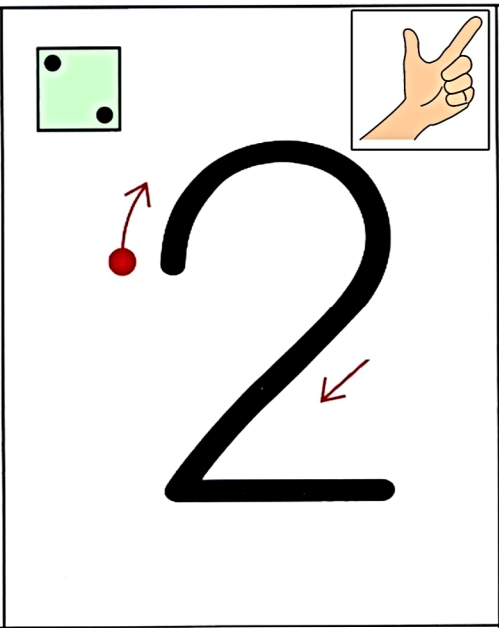
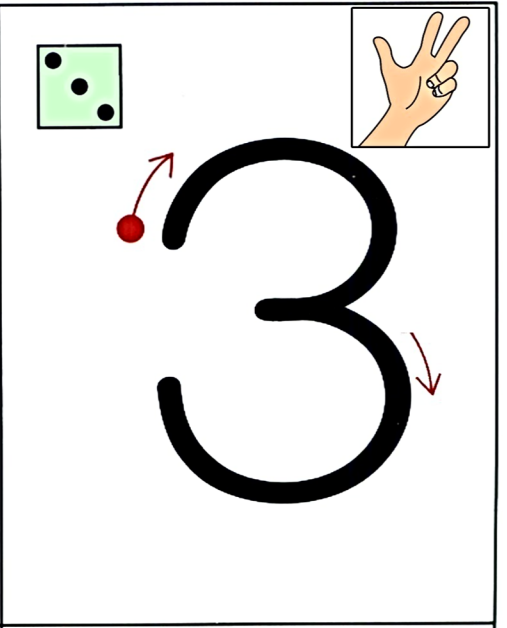
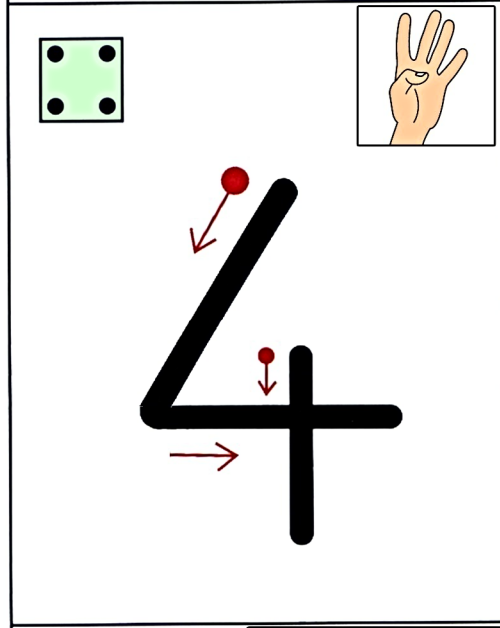
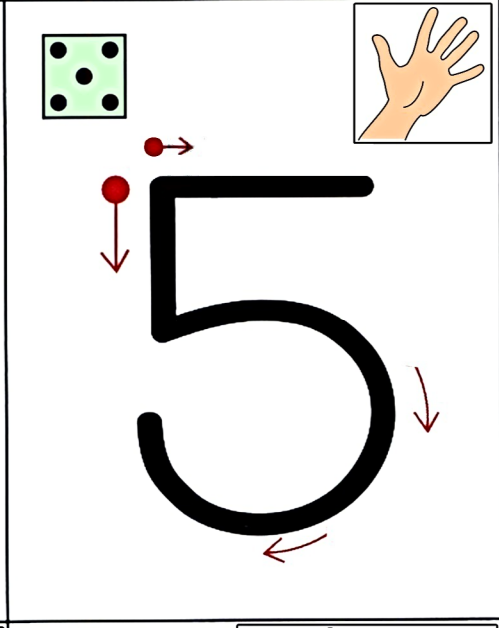
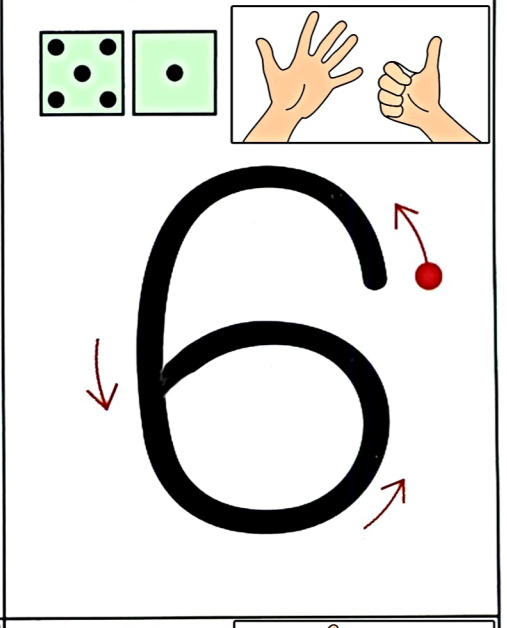
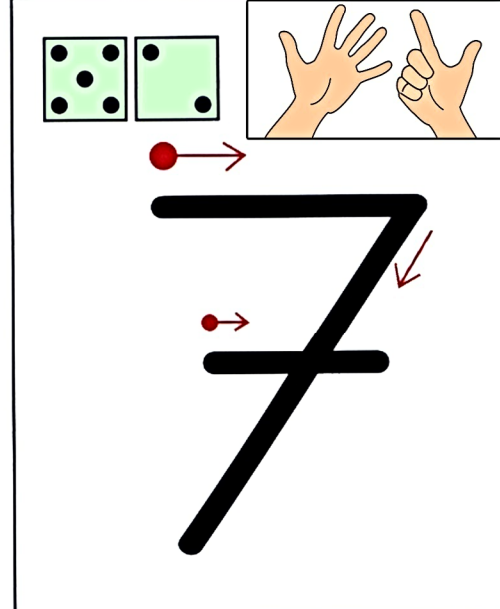
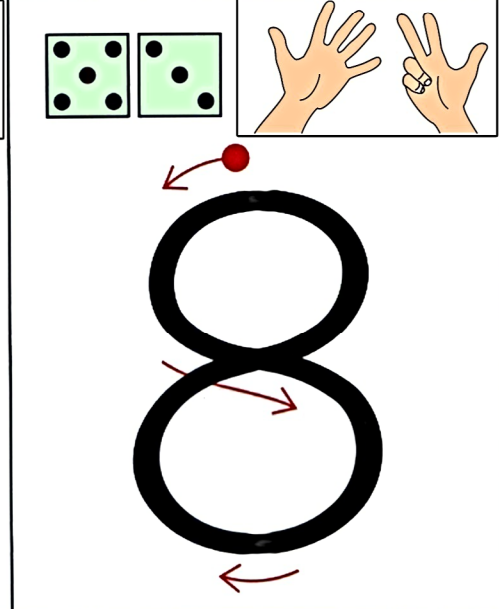
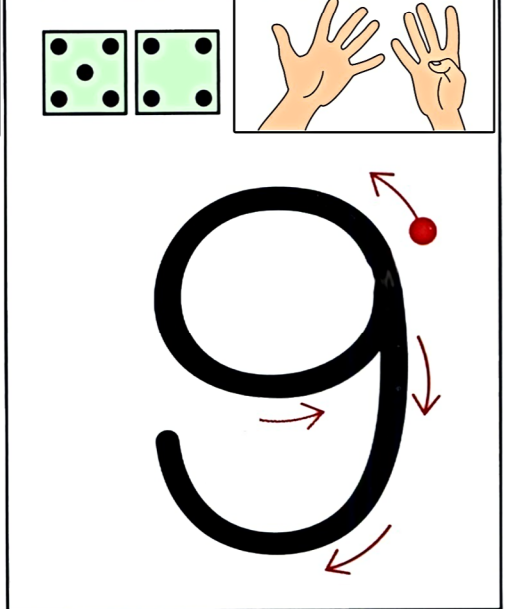


# JE M'ENTRAINE

En utilisant mon index, je repasse sur le chiffre en respectant le sens du tracé.

Je repasse sur le chiffre choisi 5 fois les yeux ouverts puis 5 fois les yeux fermés.

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